



## **SILLY WALKS ACTIVITY SUPPLEMENT**

### **1 WEEK ONLY • PETER WALKS ON WATER**

#### **Game adaptations if a kid in your group has a disability:**

- The kid with a disability can help you choose the volunteer to make up the walk for each round.  
OR
- Kids can describe what they would do if they were going to make up a silly walk.  
OR
- The kid with a disability can participate in walks or silly movements they're able to do.

#### **Silly Walk Ideas** *(make a pattern or combo of ideas for a super silly walk)*

- High knees
- Slap your foot after each step
- Spinning walk
- Crabwalk
- Baby crawl
- Take a step then skip
- Walk like your feet are covered in glue
- Walk like you're in a giant bowl of jelly
- Touch the ground between each step
- Do a dance move while walking
- Walk backwards
- Try a moonwalk
- Kick your leg up high for each step
- Walk with arms above your head
- Squat down between each step
- Walk while squatted down
- Walk like the floor is burning hot
- Walk with feet spread far apart
- Walk like your feet are made of ice
- Penguin walk
- Do a jumping jack between steps
- Gallop like a horse
- Walk sideways
- Shuffle your feet