

Hang on Loop for the Loop

That's the Truth
Week 3 / That's My Culture



Emcee Leads

Small Group Leaders Lead

Small Group Icebreaker (5 min.)

- **Introduce** yourself. **Welcome** students by name. **Check in** with them to see how they're doing.
- Icebreaker: **If you could go anywhere in a virtual reality simulation, where would you go?**

Welcome (30sec.)

- Welcome everyone and say our three simple Loop rules: **Respect your leaders. Respect each other. Respect the room.**
- **Invite** everyone to stand and **join in** worship.

Transition to Episode (30sec.)

- Get students excited for this week's episode of *The Loop Show*!
It's time for The Loop Show! We're learning all about how what's popular changes, but God and His truth do not change. What wackiness will Ricky and Jayme get into to teach us about that? Let's watch!

Offering and Announcements (2 min.)

- **Recap** teaching in one sentence.
- **Celebrate** hands raised during the salvation video.
- **Show** the spot where students can give their tithes and offerings.
- **Pray** for tithes and offerings.
- **Say:** Have you subscribed to **The Loop Show on YouTube** yet? You can watch your favorite episodes anytime and check out bonus content you won't find here in Loop on the weekend. Ask your parents if you can subscribe today!
- **Transition** to Activity.

Activity (10 min.)

Game Objective

Throw your paper wad into a trash bin if you hear a statement that isn't always true.

You'll Need

Collapsible trash bin (1 per room)
Sheet of paper (1 per student)
Garbage bag (1 per experience)

Set Up

No additional prep needed

How to Play

Say: Today, we're learning that just because an idea is popular, that doesn't mean it's always true. Let's play a "Truth or Trash" game to figure out if an idea is *always* true and you can build your life on it—or if it has bits of trash in it so you can't rely on it to always be true!

1. **Give** students a sheet of paper and have them **wad** it into a ball to represent a piece of trash.
2. Students **stand** on one side of your room. (If you have a very large group, students can stand in a circle around your room.)
3. **Open** collapsible bin and **place** it about 10 feet away from students. (Or in the center of your room if you have a large group.)
4. **Read** a statement from the "Always True?" activity supplement on the back of this guide.
5. **If students think the statement is always true:** they give you a thumbs up.
6. **If students think the statement isn't always true:** they throw their paper wad into the trash bin.
***Fun twist only for brave leaders:** You could hold the bin yourself and let students throw their "trash" wads directly at you! "If I say something with trash in it, throw it right at me!"
7. Feel free to **discuss** why the statement is always true or not-always true briefly, allowing students to share their thoughts.
8. **Reset** if needed by returning paper wads to students.
9. **Repeat** steps 4-8 as time allows.

Small Group Discussion (10 min.)

Today's Main Idea

Popular beliefs come and go. God's truth stays the same.

Review Today's Big Question

What is a popular belief that seems like a distortion of truth to you?

Note: Help students understand that "distortion of truth" means twisting or changing something that's true into something that's not—even though it might resemble truth.

Review Today's Bible Verse

Romans 12:2 NIRV *Don't live the way this world lives. Let your way of thinking be completely changed. Then you will be able to test what God wants for you. And you will agree that what he wants is right. His plan is good and pleasing and perfect.*

- What about this verse means the most to you?

More Questions to Keep Your Group Talking

- What stood out to you the most from today's *Loop Show*? What's one thing you learned?
- How can people get better at spotting distorted truth?
- How does it make you feel to know that even though popular beliefs change, God doesn't?
- What's a situation where people usually follow what everyone else does even if they know it's not right? (Think about at school, on a sports team, in your neighborhood, or even with your own friends.) What do you think would help people always do what's right in that situation?
- Who could you ask this week to help you do and believe what God says is right even if it's not popular?

Pray Together

Check in with the students in your group. How are they doing? Anything they want to ask God for? Anything they want to thank God for? Pray together.

YouVersion Bible Plan

Our YouVersion Bible Plan this week is called **Untangling Truth**. It will teach you how to be a truth-seeker and a truth-finder every day of your life!

Start it today by yourself or invite a friend to read it with you using the Plans With Friends feature! Find it at: www.go2.ic/LoopBiblePlans



Always True? Activity Supplement

Read each statement. Allow students time to vote if it's ALWAYS true by giving a "thumbs up." If they detect anything that could make the statement only SOMETIMES true—with some untruthful "trash" mixed in—they throw their paper trash wad in the trash! When you reveal the answer, feel free to discuss why it's true and/or what's not always true about the statement.

STATEMENT	ANSWER
If most people say something's true, you can trust that it's true.	<i>There's some trash in there!</i> Sometimes the majority gets things very wrong.
Even when you do really bad things, God still loves you.	<i>Always true!</i>
It's always good to follow your heart.	<i>There's some trash in there!</i> People's hearts do NOT always match God's heart!
If all your friends are allowed to do something, it's okay for you, too.	<i>There's some trash in there!</i> Even if something IS okay for your friends, it might not be for you.
God forgives me every time I ask Him to.	<i>Always true!</i>
God is good and He loves everyone.	<i>Always true!</i>
My life has purpose, meaning, and value because God made me.	<i>Always true!</i>
If you truly believe something with all your heart, then it's true.	<i>There's some trash in there!</i> People can get mixed up and need God's help to know what's true and good.
If you work hard enough, you can solve all your problems.	<i>There's some trash in there!</i> Sometimes we need help!
It's okay to do something wrong if nobody else cares or sees.	<i>There's some trash in there!</i> It's never okay to do something wrong.
God wants everyone to trust and follow Him.	<i>Always true!</i>
Always be true to yourself.	<i>There's some trash in there!</i>
If I'm afraid, I can trust God is with me.	<i>Always true!</i>
Wisdom comes with age.	<i>There's some trash in there!</i> God can give you wisdom now! It comes from following and learning from God.
If you're a good person, you'll have a good life.	<i>There's some trash in there!</i> Jesus teaches us that life can be hard for everyone. But He is with us even when life is hard!
God cares about every person.	<i>Always true!</i>