

Hang on Loop for the Loop

That's the Truth
Week 2 / That's My Lies



Emcee Leads

Small Group Leaders Lead

Small Group Icebreaker (5 min.)

- Introduce** yourself. **Welcome** students by name. **Check in** with them to see how they're doing.
- Icebreaker: **If you could go back in time and redo one of your school pics, which one would it be?**

Welcome (30sec.)

- Welcome everyone and say our three simple Loop rules: **Respect your leaders. Respect each other. Respect the room.**
- Invite** everyone to stand and **join in** worship.

Transition to Episode (30sec.)

- Get students excited for this week's episode of *The Loop Show!*
On this week's Loop Show, we'll continue learning about truth vs. lies. What kind of mayhem will they create to help us remember to only believe the truth about ourselves? Let's find out now!

Offering and Announcements (2 min.)

- Recap** teaching in one sentence.
- Celebrate** hands raised during the salvation video.
- Show** the spot where students can give their tithes and offerings.
- Pray** for tithes and offerings.
- Say:** Who can you think of who might like to join you at Loop next week? **Invite** them! Loop's always more fun with more friends. We'd love to see them here with you next week.
- Transition** to Activity.

Activity (10 min.)

Game Objective

Write a letter to yourself to read in 10 years.

You'll Need

Future Letter activity sheet (1 per student)
Envelope (1 per student)
Pen or pencil (1 per student)

Set Up

No additional prep needed

How to Play

Say: Today, we're talking about how we are God's masterpieces! We learned we need to get rid of lies we might believe about ourselves and instead walk in the truth about who God says we are. We're going to do a fun and serious activity today—and once it's done, you can't touch it for 10 years!

- Give** each student a Future Letter activity sheet, an envelope, and something to write with.
- Read** the letter aloud to help students get started. You might even read the statements in the purple box called "Things that are true about me as a child of God."
- Encourage** students to find a spot in the room where they can have a little room for privacy to write a letter to themselves to read 10 years from now.
- Students **write** "Do not open until 2034!" on their envelopes.
- Students **fill out** the letter as time allows.
- When time's up, students **place** their letter in their envelope. If they're done, they can seal it. If not, **encourage** them to take it home and finish it.

Small Group Discussion (10 min.)

Today's Main Idea

God teaches you the truth about who you are.

Review Today's Big Question

Why do you think people sometimes focus more on what they dislike about themselves instead of what God says about them?

Review Today's Bible Verse

Romans 12:2 NIRV

Don't live the way this world lives. Let your way of thinking be completely changed. Then you will be able to test what God wants for you. And you will agree that what he wants is right. His plan is good and pleasing and perfect.

- What do you think is the most challenging part of today's Bible verse?

More Questions to Keep Your Group Talking

- What stood out to you the most from today's *Loop Show*? What's one thing you learned?
- When is a phrase like "You do you!" helpful and when is it actually harmful?
- How do you think it makes God feel when we focus on what we dislike about the way He chose to make us?
- The letters we wrote to our future selves included writing something about ourselves that we think isn't good enough. What is a powerful truth anyone can say to themselves if they're struggling to believe the good things God says about them? Who can you talk to this week to help you remember and believe that?

Pray Together

Check in with the students in your group. How are they doing? Anything they want to ask God for? Anything they want to thank God for? Pray together.

YouVersion Bible Plan

Our YouVersion Bible Plan this week is called **Untangling Truth**. It will teach you how to be a truth-seeker and a truth-finder every day of your life!

Start it today by yourself or invite a friend to read it with you using the Plans With Friends feature! Find it at: www.go2.lc/LoopBiblePlans

No activity supplement needed for this week.