

Hang on Loop for the Loop

That's the Truth
Week 1 / That's My Truth



Emcee Leads

Small Group Leaders Lead

Small Group Icebreaker (5 min.)

- **Introduce** yourself. **Welcome** students by name. **Check in** with them to see how they're doing.
- Icebreaker: **What's the best breakfast cereal of all time?**

Welcome (30 sec.)

- Welcome everyone and say our three simple Loop rules: **Respect your leaders. Respect each other. Respect the room.**
- Invite everyone to stand for worship.

Transition to Episode (30 sec.)

- Get students excited for this week's episode of *The Loop Show*!
Today's Loop Show is all about figuring out where real truth comes from. What kind of truth-seeking challenges will we get to watch on The Loop Show today? Let's find out together right now!

Offering and Announcements (2 min.)

- **Recap** teaching in one sentence.
- **Celebrate** hands raised during the salvation video.
- **Show** the spot where students can give their tithes and offerings.
- **Pray** for tithes and offerings.
- **Say:** Did you know there are super fun **YouVersion Bible Plans** just for Loop students? There are! You'll learn more about God, watch a *Loop Show* video, and read some Bible verses each day. Ask your small group leader for more information.
- **Transition** to Activity.

Activity (10 min.)

Game Objective

Move to the side of the room that represents the true answer to the question asked.

You'll Need

Check, Compare, Cultivate sticker (1 per student)

Set Up

No additional prep required

How to Play

Say: We watched Ricky and Jayme struggle through a variation of "Truth or Dare" on *The Loop Show* today. So guess what we're going to play right now? Of course! Let's play our own version of the Fake or Fact game right now! Get the answer right, or you'll have to complete the dare!

1. Students **stand** toward the center of your room.
2. **Read** a statement from the **Fake or Fact** activity supplement printed on back.
3. Students **move** to the wall that represents their answer.
4. **Reveal** the answer.

Say: If you think that statement is a **fact**, go stand by **this wall**. (*Point to one wall.*) If you think the statement is **fake**, go stand by **that wall**. (*Point to the wall opposite of the first wall.*)

5. Any students who chose the wrong answer must **do** one of the **dare challenges** listed on the Fake or Fact activity supplement printed on back. Note: Choose a mix between the less and more physically active dares.
6. **Reset** and repeat steps 2-5 as time allows.
7. **Celebrate** how well students played this game and **give** each of them a Check, Compare, Cultivate sticker to take home as a fun surprise prize!

Small Group Discussion (10 min.)

Today's Main Idea

God can be trusted. He teaches us what is true.

Review Today's Big Question

On a scale of 1-10, how hard is it for you to discern the truth?

Note: Help students understand that discernment is about using wisdom from God to figure out what is true.

Review Today's Bible Verse

Romans 12:2 NIRV

Don't live the way this world lives. Let your way of thinking be completely changed. Then you will be able to test what God wants for you. And you will agree that what he wants is right. His plan is good and pleasing and perfect.

- What does this Bible verse mean to you?

More Questions to Keep Your Group Talking

- What stood out to you the most from today's *Loop Show*? What's one thing you learned?
- Why isn't it always easy to know what's true?
- What would you say to a friend if they told you they weren't sure if they could trust that God's way of living was good or not?
- If we want to know if something is God's truth, we should **check** the source (what does the Bible say?), **compare** God's truth to our choices, and **cultivate** or let God's truth grow in our hearts. Which one of these do you want to work on this week? Where can you put your sticker to help you remember?

Pray Together

Check in with the students in your group. How are they doing? Anything they want to ask God for? Anything they want to thank God for? Pray together.

YouVersion Bible Plan

Our YouVersion Bible Plan this week is called **Untangling Truth**. It will teach you how to be a truth-seeker and a truth-finder every day of your life!

Start it today by yourself or invite a friend to read it with you using the Plans With Friends feature! Find it at: www.go2.ic/LoopBiblePlans



Loop

Fake or Fact Activity Supplement

Fake or Fact Statements!

Read a statement. Students move to one side of the room if they think the statement is a **FACT** and the opposite side of the room if they think it's a **FAKE**.

1. "Happy Birthday" was the first song transmitted from space to Earth. *(Fact)*
2. Australia is as wide as the moon. *(Fake. It's even wider than the moon!)*
3. The national animal of Scotland is the unicorn. *(Fact)*
4. A sloth can hold its breath longer than a dolphin. *(Fact)*
5. Jupiter is the only planet in our solar system that spins clockwise. *(Fake! Venus is the only one that spins clockwise!)*
6. An ostrich's eye is bigger than its brain. *(Fact)*
7. A baby platypus is called a puggle. *(Fact)*
8. Identical twins have identical fingerprints. *(Fake)*
9. Both lemons and limes can float. *(Fake. Limes sink!)*
10. Cats have fewer toes on their back paws. *(Fact)*
11. Giraffe tongues are only about 2 inches long. *(Fake. They're up to 20 inches long!)*
12. The U.S. eats more macaroni and cheese than any other nation. *(Fake. Canada does!)*
13. The smallest bones in the human body are located in the ear. *(Fact)*
14. Octopuses have eight hearts. *(Fake. They have three hearts!)*
15. The smallest state in the U.S. is Hawaii. *(Fake. Rhode Island is even smaller!)*

Fake or Fact Dare Challenges!

Note: If you have students with physical disabilities who answer incorrectly, choose challenges they can complete, such as challenges from the "Less physically active" column.

Physically active challenges	Less physically active challenges
Crawl around the room once.	Sing a Disney song at the top of your lungs.
Balance on one foot with your index fingers on your nose for 15 seconds.	Bark like a dog 10 times.
Do a robot dance for 15 seconds.	Make a huge smile and freeze your face for 15 seconds.
Do 15 jumping jacks.	Sing, "Twinkle Twinkle Little Star" but swap out the lyrics with, "Loop Show, Loop Show is the best!"
Sit down on the floor and stand back up 10 times in a row.	Stick out your tongue as far as it will go and say, "Ricky & Jayme are my favorites!" 5 times as loudly as you can.
High five all the leaders in your room.	Wave to all the leaders in your room.
Pretend the room filled with water up to your waist and "swim" a lap around the room.	Hold your nose and shout, "Hang on for the Loop!" 5 times.
Do your best ballet dancing for 15 seconds.	Hold your eyes open without blinking for 20 seconds.
Do 15 push-ups.	Put your shoes on the wrong feet until the game is over.
Tip-toe one lap around the room as quietly as you can.	Do an air guitar or drum solo for 15 seconds.