

# A Letter to My Future Self

Dear \_\_\_\_\_,  
(your name)

I'm \_\_\_\_\_ years old today. My favorite thing to eat is \_\_\_\_\_.  
(your age) (favorite food)

One thing I can do pretty well is \_\_\_\_\_.  
(something you enjoy or are pretty good at)

Right now, I sometimes struggle with thinking I'm not \_\_\_\_\_ enough. But I'm  
(something you think you're not good enough at)  
created by God for a unique purpose. No matter what I think about myself, I know God always loves me. He will teach me what is true about me, and I can live in His truth! I use this Bible verse to help me remember that:

*Don't live the way this world lives. Let your way of thinking be completely changed. Then you will be able to test what God wants for you. And you will agree that what he wants is right. His plan is good and pleasing and perfect. Romans 12:2 NIRV*

If you read this 10 years from now, I hope you're still using the Bible as the best source for truth. I hope you know how much God loves you. And I hope you'll believe this truth about you:

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(choose a truth from the options at the bottom of this page or write in a truth you know God wants you to believe about yourself)

See you in 10 years!  
Sincerely,

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Your Signature

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Today's Date

## Things that are true about me as a child of God:

I'm loved.

I'm accepted.

God always listens when I talk to Him.

God cares about my needs.

I'm not weak because God's power in me is always strong.

I don't have to be ashamed because Jesus makes me right with God.

I don't have to be afraid because God's Spirit lives in me.

God gives me wisdom.

God has a plan and purpose for my life.

I'm carefully and wonderfully made by God.

God knows my name.

God cares more about who I am on the inside than the outside.

What God thinks of me is more important than what people think of me.

With Jesus, I can do anything God asks me to do.

God helps me solve my problems.

When I choose to follow Jesus, God forgives every bad thing I've ever done.

God will never leave me or reject me.

I'm good at exactly the right things to do all God has planned for me.