

YOU'VE HEARD IT SAID



LifeGroups



Key things you heard

- When we're actively pursuing Jesus and healthy spiritual practices, we can think that life will go our way—but that doesn't always happen.
- We can respond to our disappointments and hurt by leaning into God with surrender, trust, and gratitude.
- Our faith and practices will grow and change throughout our lives.
- John Mark Comer describes active faith as taking the initiative to grow your faith, and passive faith as choosing to lean into God as life happens around you.

Pray: *God, thank You for meeting us in our doubts, disappointments, and unmet expectations. Please help us lean into You when we're suffering or wrestling with our lives. We choose to trust You, even when we don't understand. In Jesus' name, amen.*



Tweetable Moments



Don't get so focused on the life you want that you miss the life you have.



Spiritual practices lead us to a more whole awareness of our relationship to God.



Say What? Questions for conversation

Icebreaker: What's one area of your life where God is meeting your expectations?

- What stood out to you in this episode?
- What were some expectations you had for your life when you were growing up?
- Read **Psalm 37:4**. What does it look like to delight in the Lord? How can you align your desires with God's desires for your life?
- Share about a time when God didn't meet your expectations. How did you respond, and what did you learn about Him during that time?
- Talk about any areas of your life that aren't meeting your expectations. How can you take these disappointments to God with gratitude, trust, and surrender?



Now Go Do It Resources and next steps

Challenge: Spend time this week taking your disappointments to God. Then ask Him to remind you of His character.

- If you're not yet in a LifeGroup, find or start one here: www.life.church/lifegroups
- Start the *Essential Spiritual Practices* Bible Plan: www.go2.lc/practicesplan
- It's okay to be disappointed, or even doubtful, when life doesn't go as planned. Check out this miniseries to learn more about dealing with doubt: www.go2.lc/YHISdoubts