

Impacting the World Around You



Before You Start:

Listen to Episode 61: www.go2.lc/YHIS61

We heard so many great tips about being mindful of the way our time and money impact the world around us. Below are some additional resources to help you learn more about this topic.

More From Dr. Ruth Valerio

Dr. Ruth Valerio is an author and the Global Advocacy and Influencing Director for Tearfund International. You can find her website at www.ruthvalerio.net

- Biblical Theology Articles: www.go2.lc/valerioblog
- How to Practice Green Living: www.go2.lc/valerioliving
- *L Is for Lifestyle: Christian Living That Doesn't Cost the Earth*
www.go2.lc/lifestyle
- Build an Ethical Instinct: www.go2.lc/instinct

A Few Things to Read

Want to learn more about how your spending is tied to your faith? Here are some of our favorite articles about this topic from www.finds.life.church

- What Minimalism, Decluttering, and Tidying Up Can Teach Us About Freedom in Christ: www.go2.lc/minimalism
- My Money Habits Didn't Change Until I Started Doing This: www.go2.lc/moneyhabits
- How to Become Your Own Professional Organizer and Just Let Go of Your Stuff: www.go2.lc/letgo

Some Ways to Make a Positive Impact Today

- Choose reusable water bottles
- Find and support sustainable companies
- Recycle when possible
- Pick one day a week where you don't buy anything
- Avoid single-use plastics when possible



Your Next Step:

Make one small change in your lifestyle that will contribute to flourishing in the world around you.