

PARENTS PODCAST



Main Ideas

Seek to understand instead of being understood.

Celebrate your kid's effort, not the outcome.

Surround them with other great people by partnering with their leaders, coaches, and teachers to help guide them.

Don't shut down your kid's questions—help foster their curiosity.

As parents who love Jesus, we should be the best at admitting when we mess up.



Next Steps & Resources

Don't do this alone! Engage in biblical community by joining a LifeGroup and working through these questions and resources together. You can find a group near you at go2.lc/lifegroups.

Check out these books if you are looking for your next great read:

+ Leadership and Self-Deception by the Arbinger Institute

+ WEIRD: Because Normal Isn't Working by Craig Groeschel

+ Habitudes: Images that Form Leadership Habits and Attitudes by Tim Elmore



Three Tips

It's the little things.

Connection begins with care. As parents, one way we can foster connection with our kids is by learning to care about the little, random things they care about. Check your motives—kids can smell “fake” from a mile away. Then, lean into their world with questions and curiosity.

Tell the whole story.

Helping our kids build a healthy view of themselves necessitates an understanding of the whole story. Our story has a good beginning. In Genesis 1, we discover that God created everything as an act of love and called it very good. He formed us in His image—whole and immensely valuable, not broken and worthless. There is beautiful freedom in grabbing hold of this and teaching our kids this truth.

Model confession.

Is it possible to recover the relationship when we've messed up? Yes. Our mistakes can actually create powerful—and humbling—connections with our kids. When they see us model the confession process—admitting when we've messed up, asking forgiveness, and moving on from that place of pain into a place of peace—they'll know they can do the same.



Discussion Questions

Share about a time when you found out something your kid was interested in and showed interest as well. What was that experience like?

Reflect on a strength your kid has that may be disguised as a weakness. How can you intentionally celebrate that strength this week?

What is God calling you to model to your kids this week? What will that look like, practically?