

PARENTS PODCAST



Main Ideas

A large part of parenting is learning to slowly open our hands and help our kids feel safe in that open hand.

When we take the role of sole decision-maker as a parent, we remove the opportunity to help develop our child's decision-making ability.

Leading with questions allows our kids to start making choices when the stakes are low because we give them the space to process—and possibly even self-correct.



Discussion Questions

What can I learn from my kids this week? Process this together and follow up next week.

What can we learn from each other as parents? What is something you do well as a parent that you can share with your group? How did you start realizing the value of that thing in your parenting?

Find at least one thing you see in another parent that you can ask them about and encourage them with. Share this feedback as a group and get better together!



Three Tips

Your Identity

Our kids' actions do not reflect who we are. We have to separate our identity from their behavior, because if we do not, it creates pressure that our kids bear. We enter a no-win situation when a kid feels like their parents' success, or failure, is based on their performance. And like the lizard, our kids will end up running from the things that have been squeezing them.

Looks Like Jesus

We must lay down our pride and deal with our identity to become successful parents. When we examine the traits required of us as parents—humility, patience, gentleness, and more—we will realize that these same qualities reflect Jesus. Could this whole parenting thing be more about making us more like Him?

Behavioral Outcomes vs Who They Become

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Next Steps & Resources

Engage in community by joining a Life Group and working through these questions together! You can find a group near you at go2.lc/lifegroups.

Consider walking through the Imperfect Parenting Bible Plan with your spouse or Life.Group.

Read Pastor Craig's 5 Secrets of Superior Decision-Makers to help your entire family develop the skill of making good choices!