

# YOU'VE HEARD IT SAID



LifeGroups



## Key things you heard

- Benefits of mentoring relationships:
  - You can learn from someone in a different stage of life.
  - You can pour into someone no matter the age difference.
  - Everyone has something to contribute to others.
- We choose what we fill our days with.
- We can say how busy we are, but if it's important enough, we make it work and make time for those things.
- If you're nervous to ask someone to mentor you, don't call it mentoring.

**Pray:** *God, show me where in my life I need to make room for people. Are you calling me to be mentored? Are you calling me to mentor someone else? Show me where and who to invest my time in so that I can become more like You. In Jesus' name, amen.*



## Tweetable Moments



Mentoring may not always look how we expect it to, but having wisdom requires a willingness to ask for it.



Vulnerability is the key to forming genuine relationships.



## Say What? Questions for conversation

**Icebreaker:** Who is someone you've always admired and why?

- What was your biggest takeaway?
- Have you ever had a mentor—even informally? What did you learn from that relationship?
- Have you ever mentored someone else? What did you learn from that experience?
- What are some obstacles that might stand in the way of you finding or maintaining a mentoring relationship?
- Read **James 1:5**. What are some ways you can make it a priority to seek wisdom?
- Who is someone a step ahead of you who you would like to learn from, and what will you do to pursue that relationship?



## Now Go Do It Resources and next steps

**Challenge:** Spend time praying about who might be a person you could learn from in a mentoring relationship. Then, ask them to coffee or lunch with a few questions in mind. Not sure who to ask? Check with your LifeGroups Pastor for recommendations.

- If you're not yet in a LifeGroup, find or start one here: [www.life.church/lifegroups](http://www.life.church/lifegroups)
- Start the Season 5 Bible Plan, *Relationship Advice*: [www.go2.lc/relationshipadvice](http://www.go2.lc/relationshipadvice)
- Read more about Abbi's mentorship story: [www.go2.lc/mentorship](http://www.go2.lc/mentorship)
- Find more mentorship resources: [www.go2.lc/mentoringresources](http://www.go2.lc/mentoringresources)