

YOU'VE HEARD IT SAID



LifeGroups



Key things you heard

- You can't control what happens to you, but you can control how you frame it.
- When you're experiencing pain, be close to God. You don't have to reframe your situation when you're in the middle of it.
- Everyone faces significant challenges. We can feel them but also look for God in them.
- Ask God to help you reframe your circumstances, and look for His faithfulness and goodness, even in the middle of pain.
- See Numbers 13-14 and Philippians 1.

Pray: *God, give me eyes to see Your faithfulness, goodness, and grace at work, even when I face difficult situations. Draw me close to You. Thank You for always being with me. Help me reframe my perspective and look for You in all things. In Jesus' name, amen.*



Tweetable Moments



In the middle of grief, be close to God.



You'll always find what you're looking for. If you look for God's goodness, even in the middle of brokenness, you'll find it.



Say What? Questions for conversation

Icebreaker: Do you use filters on Instagram? If so, which one is your favorite? If not, why not?

- Which part of the episode was most impactful for you and why?
- Would you say you tend to have a more positive mindset or a negative one? How could you start training your mind to look for God in every situation instead of just what's wrong?
- Share about a time when you saw Jesus bring meaning and purpose to your pain.
- Read **Philippians 1:12-13**. What are some ways you could start reframing your circumstances?
- As Pastor Craig said, everyone has a something—a personal struggle they're facing. What's your something? How can you look for God in it?



Now Go Do It Resources and next steps

Challenge: Spend time praying over everyone's "something." Ask God not only for comfort but also for eyes to see His goodness, even in the middle of pain.

- If you're not yet in a LifeGroup, find or start one here: www.life.church/lifegroups
- Start the *Winning the War in Your Mind* Bible Plan: www.go2.lc/war
- Get a copy of Pastor Craig's book: www.go2.lc/winningbook
- Watch Pastor Craig's accompanying message series: www.life.church/winningthewar
- If your group is going through a lot, listen to our episode on grief: www.go2.lc/grief