

YOU'VE HEARD IT SAID



LifeGroups



Key things you heard

- We can fight lies with God's truth. One way to do that every day is by creating, saying, and repeating declarations based on Scripture.
- How can you create these declarations?
 - Identify a gap in your life.
 - Look at God's Word to find truth.
 - Create a statement that connects with you emotionally.
 - Repeat that truth over and over.
- It may take years to start believing the truth and disbelieving the lies. But keep declaring the truth.

Pray: *God, show me any weaknesses I have in my life as a result of believing a lie. Help me identify what truth from Your Word I can use to fight that lie. Give me wisdom as I create daily declarations, and guide me as I begin the process of renewing my mind. In Jesus' name, amen.*



Tweetable Moments



Our thoughts lead to our actions, which lead to our habits, which lead to our relationships, which lead to everything else in our lives.



I can put my confidence in my imperfect abilities, or I can put my confidence in God's perfect power.



Say What? Questions for conversation

Icebreaker: What's the best karate movie of all time and why?

- What was your first thought after hearing this week's episode?
- Read **Hebrews 4:12**. Would you say you treat Scripture like it's living and active or just like words on a page? What makes you say that?
- Pastor Craig shared about a lie he believed that was rooted in a childhood memory. What is a lie you believe or an unhelpful mindset you have based on past experience? What can you do to confront and correct the lie?
- What is the dominant stronghold in your life? What are some truths from God's Word that you can write, think, and confess to combat it?



Now Go Do It Resources and next steps

Challenge: Spend some time in your LifeGroup creating some daily declarations based on Scripture. Challenge one another to share them with the group and commit to saying them daily.

- If you're not yet in a LifeGroup, find or start one here: www.life.church/lifegroups
- Start the *Winning the War in Your Mind* Bible Plan: www.go2.lc/war
- Get a copy of Pastor Craig's book: www.go2.lc/winningbook
- Watch Pastor Craig's accompanying message series: www.life.church/winningthewar
- Find Pastor Craig's daily declarations: www.go2.lc/dailyaffirmations