Our thoughts lead to our actions, which lead to our habits, which lead to our relationships, which lead to everything else in our lives. I can put my confidence in my imperfect abilities, or I can put my confidence in God’s perfect power.

Say What? Questions for conversation

Icebreaker: What’s the best karate movie of all time and why?

➢ What was your first thought after hearing this week’s episode?
➢ Read Hebrews 4:12. Would you say you treat Scripture like it’s living and active or just like words on a page? What makes you say that?
➢ Pastor Craig shared about a lie he believed that was rooted in a childhood memory. What is a lie you believe or a unhelpful mindset you have based on past experience? What can you do to confront and correct the lie?
➢ What is the dominant stronghold in your life? What are some truths from God’s Word that you can write, think, and confess to combat it?

Challenge:

➢ Spend some time in your LifeGroup creating some daily declarations based on Scripture. Challenge one another to share them with the group and commit to saying them daily.
➢ If you’re not yet in a LifeGroup, find or start one here: www.life.church/lifegroups
➢ Start the Winning the War in Your Mind Bible Plan: www.go2.lc/war
➢ Get a copy of Pastor Craig’s book: www.go2.lc/winningbook
➢ Watch Pastor Craig’s accompanying message series: www.life.church/winningthewar
➢ Find Pastor Craig’s daily declarations: www.go2.lc/dailyaffirmations

Pray: God, show me any weaknesses I have in my life as a result of believing a lie. Help me identify what truth from Your Word I can use to fight that lie. Give me wisdom as I create daily declarations, and guide me as I begin the process of renewing my mind. In Jesus’ name, amen.