

# YOU'VE HEARD IT SAID



LifeGroups



## Key things you heard

- When most people think about following Jesus, they think about praying and reading their Bibles. And while we should do those things, we should also live out the way those things change us.
- God doesn't need us to run errands for Him.

*... Take your everyday, ordinary life—your sleeping, eating, going-to-work, and walking-around life—and place it before God as an offering.*  
Romans 12:1 MSG

**Pray:** *God, thank You for sending us Jesus—the ultimate gift of grace. Help me stop trying to earn approval from You and instead receive the approval I already have in You through Christ. Help me show and share Your love to others by the way I live. Amen.*



## Tweetable Moments

-  Spiritual disciplines aren't our gift to God; they're God's grace to us.
-  When Jesus invited us to pray for heaven to come to earth, I think He was also inviting us to be an answer to that prayer.



## Say What? Questions for conversation

**Icebreaker:** What's a hobby you have that not everyone knows about?

- What was your favorite part of the episode?
- If you woke up tomorrow a fully devoted follower of Christ, what would change?
- Read **Acts 17:24-29**. How does this influence your view of spiritual disciplines?
- Share about your experience coming to faith in Christ. If you haven't yet decided to follow Jesus, what's keeping you from that decision?
- How can you stop feeling like prayer, reading the Bible, etc. is a chore *for* God instead of a gift *from* God?
- Read the Lord's Prayer in **Matthew 6:9-13**. What are some ways you can be an answer to that prayer this week?



## Now Go Do It Resources and next steps

**Challenge:** Read the Lord's Prayer every day for a week, and look for ways to be an answer to it by serving others around you.

- If you're not yet in a LifeGroup, find or start one here: [www.life.church/lifegroups](http://www.life.church/lifegroups)
- Download the YouVersion Bible App: [www.bible.com/app](http://www.bible.com/app)
- Start N.T. Wright's Bible Plan, *From Worry to Confident Hope* using Plans with Friends: [www.go2.lc/confidenthope](http://www.go2.lc/confidenthope)
- Find more about spiritual disciplines in this guide: [www.go2.lc/beingcontent](http://www.go2.lc/beingcontent)