

# YOU'VE HEARD IT SAID



LifeGroups



## Key things you heard

- Can a conversation change your life?  
Better question: Can your life really change *without* conversations?
- How can you have better conversations?
  - Be curious.
  - Listen to others' answers instead of rushing to give your advice.
  - Ask better questions.
  - Decide the goal of the conversation.
  - Take the pressure off.

**Pray:** God, thank You for always being available for conversations. Give me the courage to initiate conversations with others. Show me the questions to ask and the words to respond. Point out any areas of my life where I need to bring others in. In Jesus' name, amen.



## Tweetable Moments

When we care about people, we care about listening to their answer more than giving our advice.

We don't have to be the solution to someone's problem. We just have to listen and invite God into the situation.



## Say What? Questions for conversation

**Icebreaker:** What's the most awkward conversation you've ever had?

- What was one thing you learned from the episode that you'll apply to your life?
- Share about a meaningful conversation you've had. What made it meaningful? Did anything change as a result?
- Talk about the last time you felt like someone else really understood you. What made you feel that way?
- Read **Matthew 18:20**. How do you feel about the number of meaningful conversations you have on a regular basis? What changes, if any, would you like to make?
- What are some ways you can have better conversations this week?



## Now Go Do It Resources and next steps

**Challenge:** Have a conversation with someone using the questions above. Use a communication method that works for your situation. Bonus: Commit to having a conversation with that person more often.

- If you're not yet in a LifeGroup, find or start one here: [www.life.church/lifegroups](http://www.life.church/lifegroups)
- Not sure how to start having meaningful conversations with others? Check out this 4-week series to help: [www.life.church/belong](http://www.life.church/belong)
- Looking for more ways to start a conversation? Find the free *Conversations* e-book we talked about: [www.go2.lc/conversations](http://www.go2.lc/conversations)