



## ***Jesus Is Life* Leader Guide**

We're so excited you've chosen to lead a Sisters LifeGroup! Your obedience will be a blessing to the women in your group, and God has given you everything you need to lead. We're praying your time together will be encouraging and strengthening, so enjoy the coming weeks—you've got this!

This leader guide will give suggestions for how to structure your group for the next five to six weeks. We'll have five weeks of content that go along with the ***Jesus Is Life Bible Plan***, and you'll have the option to have a celebration on your sixth week together.

You know your group best, so feel free to change it up however makes the most sense for you and your group. You may want to meet more frequently or less frequently depending on what your group prefers.

Each week will include some **icebreaker questions** and **review questions** from the *Jesus Is Life Bible Plan*. You certainly don't have to ask every question. Choose the ones you feel are most appropriate and applicable for your group. You can even add in your own!

Before you get started, **here are some helpful tips and tricks** for leading your Sisters LifeGroup:

- Before you meet, you'll want to scan through the *Jesus Is Life Bible Plan* to familiarize yourself with the format and the content.
- You'll need to let your group know which days of the Bible Plan to read before you meet, so you may want to text your group a reminder each week so they can come prepared to discuss.
- Choose a consistent day and time to meet as a group. You'll want to make sure you're available for all of those days as well. It may be wise to select a co-leader for your group, just in case you can't make one of the days.
- Because the content of this study is through the *Jesus Is Life Bible Plan*, you'll want to make sure everyone in your group has an account in the [YouVersion Bible App](#). You'll start the Bible Plan with Friends so you can continue your conversation in the app throughout the week. [Here's some instructions for how to start a Plans with Friends.](#)
- Start and end your time together with prayer and encourage your group to post their thoughts about each day in the YouVersion Bible App, too. It's a great way to continue your conversations throughout the week.



## Week 1: Days 1-5

Welcome and open with prayer.

**Explain** your group's plans for the study. If anyone would like to see this year's Sisters Event, they can watch Amy's message at: [www.life.church/sisters](http://www.life.church/sisters)

**Get to know** everyone. (5-10 minutes)

- Tell us a little about yourself. (Leaders, you can go first.)
- How long have you attended Life.Church?
- What's your favorite dessert?
- What do you like to do in your free time?
- What was your favorite part of the Sisters Event?
- At the end of this study, what's one thing you hope to learn?

**Ask** the icebreaker questions. (3-5 minutes)

- What is the best gift you've ever received? What about that gift was so meaningful to you?
- If you were going to write an account of Jesus' life, where would you start?

**Review and Discuss** the study. (20-25 minutes)

The title of each day of the Bible Plan is listed below, along with the key Scriptures from John and some review questions. Read the Scriptures together and choose a question to discuss from each day. You may not have time to get through it all, so just choose what you think is most applicable.

**Day 1: Jesus is life.**

- Key Scriptures: John 1:4, John 1:11-12, John 10:10
- A prominent theme within John's 21 chapters is the word "life." Why do you think John continuously gave emphasis to the word "life"?
- What does having abundant life through Jesus look like to you?

**Day 2: Jesus Before Bethlehem**

- Key Scriptures: John 1:1-3
- What can others see in your life that reveals the Word has had an impact on you?



### Day 3: Light Entered Our Darkness

- Key Scriptures: John 1:4-14
- How is the light of Christ in you visible through your daily life?
- What darkness is still in your life that needs to be exposed to the light of Jesus?

### Day 4: Our Gracious God

- Key Scriptures: John 1:14-18
- What do you think receiving "grace upon grace already given" means?
- How actively do you take hold of God's grace for you each day? What about when you really mess up?
- How quickly do you offer grace to someone else?

### Day 5: Desperate for Truth

- Key Scriptures: John 1:14, John 1:17
- Why do you think Jesus identified Himself as "The Truth"?
- Why does knowing and living in truth bring freedom?
- Name a substitute "reality" you see people living from in your culture. What about in your own life? Where have you taken on a substitute reality?

### Pray and Dismiss. (5-7 minutes)

- Would anyone like to share their "Jesus Is ..." findings?
- Take prayer requests and pray.
- Encourage your group to complete the next five days of the *Jesus Is Life* Bible Plan before you meet again.
- Dismiss.



## Week 2: Days 6-10

Welcome and ask a group member to **pray**.

**Catch up** on how everyone is doing and talk through any questions or comments you have from going through the study. *(5-10 minutes)*

**Ask** the icebreaker questions. *(3-5 minutes)*

- Do you think it's possible to multitask, or is focusing on one thing at a time more productive? What makes you think that?
- If you could change your name to anything, what would you change it to? Why?

**Review and Discuss** the study. *(20-25 minutes)*

The title of each day of the Bible Plan is listed below, along with the key Scriptures from John and some review questions. Read the Scriptures together and choose a question to discuss from each day. You may not have time to get through it all, so just choose what you think is most applicable.

### Day 6: A Messenger for the Messiah

- Key Scriptures: John 1:19-28
- Are there any beliefs you hold onto that keep you from digging deeper into knowing Christ or believing what He says?
- When was the last time you pointed others to Christ and away from yourself?

### Day 7: Preparing the Way

- Key Scriptures: John 1:23-34, John 1:6-8
- What is your purpose? Are you living it out?
- All of us are called to spread the good news of Christ to prepare the way for Christ's return. How are you doing that?

### Day 8: Who is Jesus?

- Key Scriptures: John 1:26-36, John 1:31-34
- Who do you say Jesus is?
- Do you really know Jesus, or do you just know *of* Him?
- How do you see yourself in contrast to Christ and what He's done for you?



### **Day 9: 3 Steps to Bold Faith**

- Key Scriptures: John 1:37-42
- What do you believe Jesus is capable of providing for you?
- What does bold faith look like in your life?

### **Day 10: A New Name**

- Key Scriptures: John 1:43-51, John 18:10
- Have you ever wondered what God sees in you?
- If Jesus were to give you a new name, what might it be?

### **Pray and Dismiss. (5-7 minutes)**

- Would anyone like to share their "Jesus Is ..." findings?
- Take prayer requests and pray.
- Encourage your group to complete the next five days of the *Jesus Is Life* Bible Plan before you meet again.
- Dismiss.



## **Week 3: Days 11-15**

**Welcome** and ask a group member to **pray**.

**Catch up** on how everyone is doing and talk through any questions or comments you have from going through the study. *(5-10 minutes)*

**Ask** the icebreaker questions. *(3-5 minutes)*

- What's your relationship like with time? Are you often early, right on time, or late?
- What is it about weddings that are so joyous? Why do you think Jesus chose to do His first miracle at a wedding?

**Review and Discuss** the study. *(20-25 minutes)*

The title of each day of the Bible Plan is listed below, along with the key Scriptures from John and some review questions. Read the Scriptures together and choose a question to discuss from each day. You may not have time to get through it all, so just choose what you think is most applicable.

### **Day 11: Live with Expectation**

- Key Scriptures: John 2:1-11, John 2:5
- What does transforming water into wine reveal about Jesus?
- In which areas of your life do you need to approach God with an attitude of expectation?

### **Day 12: All in God's Time**

- Key Scriptures: John 2:4-7, John 12:23-27, John 13:1, John 17:1
- What does Jesus' understanding of the "right timing" teach us about His relationship with God the Father?
- What does the idea of a "proper time" for things imply about your own life?

### **Day 13: Progress in the Process**

- Key Scriptures: John 2:6-7
- What do you think using such a large amount of water/wine implies about God's character? What might it represent about God's kingdom?
- Have you ever felt like the servants at the wedding? How can you keep showing up and being obedient, even when you don't understand what God is doing?



#### **Day 14: The Best Is Yet to Come**

- Key Scriptures: John 2:7-11, John 6:53
- What does turning water to wine signify about Jesus?
- The wine was filled to the brim. What does that tell us about Jesus? What might it mean for our lives?

#### **Day 15: A House of Worship**

- Key Scriptures: John 2:13-17
- Why do you think Jesus felt so strongly about the people's makeshift market in the temple courtyard?
- In view of God's desire for His temple (that's you, if you believe in Jesus), what do you think He desires your worship to look like?
- What areas of your life have you allowed convenience to take priority over a true heart of worship?

#### **Pray and Dismiss. (5-7 minutes)**

- Would anyone like to share their "Jesus Is ..." findings?
- Take prayer requests and pray.
- Encourage your group to complete the next five days of the *Jesus Is Life* Bible Plan before you meet again.
- Dismiss.



## Week 4: Days 16-20

**Welcome** and ask a group member to **pray**.

**Catch up** on how everyone is doing and talk through any questions or comments you have from going through the study. *(5-10 minutes)*

**Ask** the icebreaker questions. *(3-5 minutes)*

- When do you often get a sense of FOMO—fear of missing out?
- Why do you think phrases like, “YOLO” or “you do you,” become popular in culture?

**Review and Discuss** the study. *(20-25 minutes)*

The title of each day of the Bible Plan is listed below, along with the key Scriptures from John and some review questions. Read the Scriptures together and choose a question to discuss from each day. You may not have time to get through it all, so just choose what you think is most applicable.

### Day 16: Nick at Night

- Key Scriptures: John 3:1-21, John 7:50-52, John 9:22, John 12:42-43, John 19:39
- What do you think Nicodemus saw in Jesus that sparked his curiosity to meet Him?
- What are some ways you can be bold in your faith?
- Who is someone in your life who doesn't yet know Jesus? How might you lovingly share the hope we have in Jesus with them?

### Day 17: Born Again

- Key Scriptures: John 3:3-8, John 1:12-13
- How would you describe being “born again”?
- Have you been living a lukewarm life? If so, what can you do about it?
- What are some ways you can start trusting God more?

### Day 18: For God So Loved the World

- Key Scriptures: John 3:16-21, John 8:1-11, John 16:8
- What do you think motivated the Pharisees? What would motivate us to call out someone's sins?





- Who have you condemned that you should have shown kindness and love?
- How can you extend grace and kindness to people in your life—even when it's not easy?

### **Day 19: Dying to Live**

- Key Scriptures: John 3:22-36, John 5:24, John 3:3, John 1:12-13
- What was John's focus? What should our focus be?
- Everyone who believes in Jesus has a calling. What might yours be?
- What are some ways you can die to yourself so that Christ can be glorified instead?

### **Day 20: Jesus is the Good News**

- Key Scriptures: John 3:1-21, John 14:6, John 10:10, John 16:7
- How confident are you in your ability to share the good news?
- What are some ways you can become more confident in sharing the good news with others?

### **Pray and Dismiss. (5-7 minutes)**

- Would anyone like to share their "Jesus Is ..." findings?
- Take prayer requests and pray.
- Encourage your group to complete the next five days of the *Jesus Is Life* Bible Plan before you meet again.
- Dismiss.



## **Week 5: Days 21-25**

**Welcome** and ask a group member to **pray**.

**Catch up** on how everyone is doing and talk through any questions or comments you have from going through the study. *(5-10 minutes)*

**Ask** the icebreaker questions. *(3-5 minutes)*

- What is your favorite way to worship?
- What is something—maybe a restaurant, a business, a product, etc.—that you just can't help but share with others?

**Review and Discuss** the study. *(20-25 minutes)*

The title of each day of the Bible Plan is listed below, along with the key Scriptures from John and some review questions. Read the Scriptures together and choose a question to discuss from each day. You may not have time to get through it all, so just choose what you think is most applicable.

### **Day 21: Jesus, Living Water**

- Key Scriptures: John 4:1-15
- Why do you think Jesus was willing to talk to the Samaritan woman?
- When you think of water, what comes to mind? How is water vital to life?
- What do you think Jesus meant by saying He could give "living water"?

### **Day 22: True Worship**

- Key Scriptures: John 4:16-26
- What do you think caused the Samaritan woman at the well to change the subject?
- What qualities do you think she recognized in Jesus?
- What are some ways you can make worship a regular part of your life?

### **Day 23: Jesus, Our Great Example:**

- Key Scriptures: John 4:27, John 4:31-34, John 13:14-17
- What message does Jesus send by speaking to a Samaritan woman? What does that mean for you?



- Who do you tend to avoid engaging in conversation with? Why?
- What is your food—things you feel God is calling you to do? How can you start doing them?

#### Day 24: The Harvest Is Ready

- Key Scriptures: John 4:28-30, John 4:34-42
- What was Jesus referring to when He spoke about a ripe harvest field?
- Why do you think Jesus uses a harvest as an example here?
- Who in your life do you need to speak to about Jesus? What will you do about it?

#### Day 25: Believe Jesus

- Key Scriptures: John 4:43-54, John 6:26, John 14:11, John 20:29-31
- What does the miracle in today's key Scriptures teach us about Jesus?
- What are some ways you can increase your faith, like the father in today's Scripture?
- What is something you're asking God for today?

#### Challenge and Next Steps (5-7 minutes)

- Discuss the possibility of beginning a new study together. Find some [great options here](#).
- Find more content to talk about at [finds.life.church](#). Just search for Sisters to find articles written by women, for women.
- You can also discuss The Messy Table—a podcast partnered with Sisters. Listen to it wherever you stream podcasts.
- Plan a social gathering to reconnect and celebrate your progress. You might go out for ice cream, host a movie night, or go to dinner together for your 6-week celebration.
- Choose a Life.Church partner to serve with as a LifeGroup. Find partners in your area at [www.life.church/localmissions](#)

#### Pray and Dismiss. (5-7 minutes)

- Would anyone like to share their "Jesus Is ..." findings?
- What was your favorite part of the study? What's one thing you learned?
- Take prayer requests and pray. Then dismiss.