



***Jesus Is Life* Leader Guide: An Introduction Week**

We're so excited you've chosen to lead a Sisters LifeGroup! If you'd like to add an introductory week before diving into the *Jesus Is Life* Bible Plan together, here's some options, questions, and icebreakers to help your LifeGroup get to know one another.

After completing this week, you can use the rest of the *Jesus Is Life* leader guide to help you lead through the five-week Bible Plan.

If you choose to use this week, **modify** the week one content in the Leader Guide by skipping the get to know you section and jumping straight into the icebreaker questions.

Introduction Week

Welcome and open with prayer.

Explain your group's plans for the study. If anyone would like to see this year's Sisters Event, they can watch Amy's message at: www.life.church/sisters

Get to know everyone. (5-10 minutes)

- Tell us a little about yourself. (*Leaders, you can go first.*)
- How long have you attended Life.Church?
- What's your favorite dessert?
- What do you like to do in your free time?

Activity time! (5-10 minutes)

- **Ask:** In one word, describe what it is like for you to know Christ.
- **Take a selfie!** Have everyone grab their phones and take a selfie that reflects their one word.
- **Share.** Have each person go around and share their word and selfie with the group.

Ask the opening questions. (3-5 minutes)

- Who attended the Sisters Event? What was your favorite part?
- Pastor Amy's message was based on John 10:10. **Read** John 10:10 together.
- What does having abundant life mean? What does it *not* mean?



Review and Discuss the event. *(5-10 minutes)*

- We can experience the abundance of Jesus Christ more fully when we grow in knowing God and trusting God. So, what are you doing—or what might you need to do—to know God more?
- What evidence reveals that you are trusting God? What evidence reveals that you are not trusting?
- What is one thing you need to trust God with more fully?