



SWITCH LEADER GUIDE

THE POINT

Don't just *go* through it; *grow* through it.

Message: *In the Arena*

Topic: Maturity

Verses:

James 1:2-5 NLT

Look these verses up in your YouVersion Bible Apps. Challenge your students to memorize these verses the whole month of January.

LEADER WIN

Tonight, you've got **two challenges** for your students. First, you'll guide them as they write **two SMART goals** for themselves—one personal and one spiritual. Make sure you hold your students accountable to making these goals actually happen. Secondly, challenge your students to **memorize James 1:2-5**.

Tribes are another focus of tonight. Do your students feel ownership of their group and their Tribe? How can you help them get there?

SAY MORE



Check out Switch on YouTube at: www.youtube.com/switchyouth



Use #heyswitch on Instagram at: @lcswitch



See for yourself: Subscribe to *Don't Be Different Alone* on the YouVersion Bible App.

HOW ARE YOU?

TribeDweller – We will be a tribe that cares deeply for one another.

1. **Connect.** What's one high and one low from your week?
2. **Get talking.** What stuck out to you from tonight's message?

LET'S REFLECT ON WHAT WE HEARD.

Pass out your students' packets. This week's activity involves your students writing **two SMART goals** for themselves—one personal and one spiritual. Go over SMART goals (*specific, measurable, achievable, relevant, and timely*) with them. Use their packet as a cheat sheet if you need it. Take time for them to write out two goals. As they work, ask these questions:

1. What's something you really want to grow in this year?
2. How can you get from where you are now to where you want to be later?
3. What are your two goals? How will you make them happen, and what will happen if you meet them?

SO, ABOUT TONIGHT...

LightSeeker – We will seek God, our light.

1. What are some troubles you're facing right now? How can you use those as an opportunity to grow?
2. Look up and read **James 1:2-5**. What stands out to you about those verses? How can you apply that truth to your life today?
3. When you go through trials, do you ask God for help? Why or why not? How can you start relying on Him to help you through?
4. Is your faith strong enough to last through trials? If so, how did you get there? If not, what can you do to build it up so that it'll endure trials?

AND IT MATTERS BECAUSE?

StoryTeller – We will live lives that tell our story to the world.

1. Why does it even matter that we grow through trials?
2. What can happen if you meet your two SMART goals?
3. **Action Steps:** Figure out how to achieve your goals, commit to memorizing James 1:2-5, do the Bible Plan, etc.