



# Loop



## SMALL GROUP LEADER GUIDE

Week 2: *Guard Your Heart*  
Purity

### The Point

Guard your heart because that's where it starts.

### The Verse

**Proverbs 4:23 NIV**

*Above all else, guard your heart, because everything you do flows from it.*

### Order of Experience

Countdown/Hang Out  
Icebreaker in Small Groups  
Emcee Welcome  
Worship  
Emcee Transition to Message  
Message/Salvation  
Offering  
Announcements  
Activity/Small Group  
Small Group Discussion  
Check Out

## Small Group Discussion

### YouVersion Bible Plan

Make sure students check out the Bible Plan associated with this week:

***Living a Pure Life***

### Icebreaker Question

What would you do if your parents left you home alone for a whole day without any rules, passwords, or restrictions?

### Choose questions for your small group.

1. What was your favorite part of the message today? What's one thing you learned?
2. What's the purpose of a filter? What are some examples of filters that would help you live a pure life? (*Reading God's Word, praying, asking trusted adults, limiting what you watch, etc.*)
3. Do you think the filters you have right now are strong enough to help you live a pure life? If so, how did you decide on those filters? If not, what will you do about it?
4. Read **Proverbs 4:23 NIV**. It says, "Above all else, guard your heart ..." Why do you think it's so important to guard our hearts?
5. What are some ways you can guard your heart?
6. How do you think you would react if your parents left you home alone with no restrictions? Do you think you would regret some of the things you chose to do?
7. How do you think the filters you set today will affect you later? How can you make sure you're happy with the direction your filters are taking you?
8. Take prayer requests and spend time praying together.

### Leader Notes/Announcements

\*Promote **Swerve** to your 6<sup>th</sup> grade students.

\*Invite your 6<sup>th</sup> graders to **Switch** on Wednesdays at 6:30pm.

\*Tell your students about the **YouVersion Bible Plan**, and encourage them to complete it together using Plans with Friends.