



SWITCH LEADER GUIDE

THE POINT

We are LightSeekers, TribeDwellers, and StoryTellers.

Message: *Super Sick Recap*

Note:

See your Super Sick Recap Semester Cheat Sheet to find the points that go with each week of the semester and some possible action steps.

Verses:

Luke 11:35 NLT

Matthew 18:20 NIV

Matthew 10:32-33 NIV

LEADER WIN

Have your students pick **one message** from this semester that really challenged them. (*Use your cheat sheet to refresh your memory.*) Talk about it, and discuss how they can apply it to their lives. We know students don't primarily come back for the messages. They come back because of relationships with you. So your win is to make them feel needed and known. Spend time bonding as a group, and encourage them to come back next week for the final Tribe Night!

SAY MORE



Rewatch this message at:
www.youtube.com/switchyouth



Use #heyswitch on
Instagram at: @lcswitch



See for yourself: Find Switch Bible Plans on the YouVersion Bible App at
www.go2.lc/switchbibleplans

HOW ARE YOU?

TribeDweller – We will be a tribe that cares deeply for one another.

1. **Catch up.** What's one high and one low from your week?
2. **Get talking.** What's been your favorite part of Switch so far?
3. **Reflect on tonight.** What'd you think of tonight's message?

SO, ABOUT TONIGHT...

LightSeeker – We will seek God, our light.

1. Which one message from this semester impacted you the most? What makes you pick that one?
2. What are some ways you've applied what we've learned in Switch to your life? Has it helped or not?
3. Read the **Point**. What does it mean to you to be a LightSeeker, TribeDweller, and StoryTeller? (*See the notes from week one on your cheat sheet for help navigating this one.*)
4. Look up and read **Luke 11:35 NLT**. How can we make sure the Light in us isn't darkness? (*Know what the Bible says, ask God, spend time praying, asking the right people questions, etc.*)
5. Look up and read **Matthew 18:20 NIV**. What is so important about meeting together at Switch? (*God didn't create us to do life alone, and He's with us when we gather together and pray.*)
6. Look up and read **Matthew 10:32-33 NIV**. What do these verses tell us about the importance of telling our stories? (*When we talk about God to others, He talks about us to His Father. Our stories show what God has done in us, help others learn about Him, etc.*)

AND IT MATTERS BECAUSE?

StoryTeller – We will live lives that tell our story to the world.

1. What are some ways you can be a LightSeeker, TribeDweller, and StoryTeller?
2. **Action Steps:** Have each student come up with one way they will apply their favorite message from the semester to their life. It could be doing a Bible Plan, doing random acts of kindness, taking a break from their phones, etc. (*See your cheat sheet for some ideas to go with each message.*)



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SUPER SICK RECAP SEMESTER CHEAT SHEET

Leader Note: We'll provide a list of action steps to spark your thinking, but help your students come up with their steps on their own. They'll be more likely to do them if they helped come up with them and feel ownership over their goals. Hold them accountable to doing their action steps, and spend some intentional time on this during Switch group time. Also, tell your students they can go back and watch these videos anytime they want on the Switch YouTube channel. The link is in the bottom of this document. The Bible Plan for each week is also on there, so that makes a great action step for each week, too.

Week 1: *Light*

Point	Verse	Bible Plan	Action Steps
We are LightSeekers, TribeDwellers, and StoryTellers.	1 John 1:7	Switch On	Spend more time with God, journal, pray every day, find ways to share your story

Week 2: *Cringeworthy*

You don't cringe if you don't care.	Matthew 9:36	How to Share Your Faith	Invite someone to Switch every day at school this week, pray for people you know who don't know Jesus, etc.
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Week 3: *They Made Me Do It*

Your discernment determines who you let influence you.	Philippians 4:8	Dangerously Influential	Make it a goal to use your Bible App more than Instagram, stay off your phone for a few days, block certain YouTube channels, etc.
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Week 4: *Pass the Salt*

You are the salt of the world.	Matthew 5:13	8 Habits of an Influential Person	Wake up 10 minutes earlier every day and spend time with God, help someone every day for a week, etc.
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Week 5: *Big Reputation: It's all in a Name*

You are powerful.	Esther 4:14	Potential	Make a list of goals for yourself about what you want to be known for and an action plan for how you'll get there.
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Week 6: *Flip the Switch*

Your influence is for God's glory.	Matthew 5:16	Living a Generous Life	Figure out a way you can use one of your talents to honor God or serve someone else, sign up to Swerve, do a random act of kindness every day, etc.
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Week 7: *OK, Holy Spirit*

That still, small voice is probably not your own.	Romans 8:26	Who is the Holy Spirit?	Ask the Holy Spirit—What I am trying to do without You? And then ask—What are You doing without me? Do this every day for a week, and see what happens.
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Week 8: *Not Today, Satan*

The battle rages, but You have won the war.	John 10:10	The Supernatural	Memorize Ephesians 6:10-18, commit to reading the Bible for at least five minutes every day, listen to only worship music for a week, etc.
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Week 9: *Real Talk*

Prayer is powerful because we're not relying on our own power.	Matthew 6:5-8	How to Pray	Pray out loud for your Switch group, pray every day for a week, text prayer requests in your group text every day, start a prayer time at your school, etc.
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Week 10: *SwitchUp*

Make sure the light you think you have is not darkness.	Luke 11:35	Twisted	Make sure the quotes you think are in the Bible actually are, choose a Bible verse and memorize it this week, etc.
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Week 11: *Up & Out*

Spiritual growth is worth the work.	Colossians 2:6-7	Strengthen Your Faith	Do a Bible Plan this week with friends, spend time listening to God every day for a week, invite friends to Switch with you, find ways you connect with God and do one of those every day, etc.
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Week 12: *What Will You Say?*

What will you do with the talents God's given you?	Hebrews 10:24-25	How to Follow Jesus	Take an inventory of your friends. Are they the right people? Commit to finding the right people, mentors, and influences in your life. Make a list of your talents. How are you using them for God's glory? Use one of your talents to help someone else this week, etc.
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Other Action Steps:

Stop procrastinating on your homework, do things around your house without being asked, help your siblings with their homework or with their chores, find ways to serve your neighbors, teachers, friends, family, etc. Take a social media fast—get off Instagram and Snapchat for a few days, get your Bible App Streak up, get your weekly Screen Time report to show you've spent more time in the Bible App than in your social media apps, don't watch YouTube videos for a week, listen to the Bible Project podcast, watch Bible Project videos, attend church on the weekend, start Swerving, write a letter to someone in your Switch group to encourage them, write nice notes and paste them around your school anonymously, start a Bible study at school or on your sports team, etc.

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