



LIFESKILLS GAME

“Foot Washing”

This is a biblical and powerful way to display serving others.

What do we need?

- Water
- Basins or bowls (1 per small group)
- Rags or towels (2 per small group)
- Body wash or bubble bath (about 1 oz. per group)

What do we do?

* Make sure to talk through this activity with all the leaders before the program so they are aware of what is going to happen.

1. Play some soft worship music in the background to set the atmosphere.
2. Explain to students what is going to happen.
3. Acknowledge that some of them may be a little uncomfortable with this, but explain that this is a wonderful display of serving others and that Jesus did this very thing with and for His disciples.
4. Read **John 13:1-17** out loud to the students.
5. Jesus said here that we should do the same thing. This is a great illustration of serving others.
6. Let them go into their small groups and have the leaders wash their students' feet.

ROOTS CLOSE

For some of you that may have felt a little uncomfortable. But foot washing is such a great symbol of serving others. You literally get down on your knee, which puts the other person above yourself. And cleaning their feet is a very personal thing to do.

Serving someone else or meeting someone else's needs may be one of the most rewarding things you can do in your life. But how is that possible? Why would it feel so good to do something for someone else when we get nothing in return from it?

The reason is that God created us for a specific purpose, and when we live that way it just feels right. So when we help others out or give ourselves to a good cause, it feels right because at our very core that is how God created us and designed us to be. He created us to be servants because that is what God is all about.

Let's look at our verse for today again. *(Read Matthew 25:35-36, 40 out loud)*

Jesus' heart is close to the broken-hearted. He cares so deeply for those who are in need that He says when we do things for those people, we are actually doing it for Him.

He wants us and longs for us to serve others.

You have the ability to do something. You can help someone, you can change something, you can do--something. We need to think beyond ourselves.

So figure out what areas in your life you can step into and serve others.

Let me pray for you. *(Pray for the students)*

VIDEO: ROOTS SEGMENT 5

CHALLENGE/ANNOUNCEMENTS

Insert any announcements that pertain to your particular campus.

Discover some different ways you can go out and serve others.

HANGOUT

WEEK 30

SERVING IS ABOUT DOING THINGS FOR OTHERS

HANGOUT (15 minutes)

ROOTS VIDEO-Segment 1 (0:46)

WORSHIP (20 minutes)

ROOTS VIDEO-Segment 2 (1:15)

GAME TIME (15-20 min)

ROOTS VIDEO-Segment 3 (2:55)

TALK IT OVER (20 min)

ROOTS VIDEO-Segment 4 (3:41)

LIFESKILLS CLOSE (3 min)

LIFE SKILLS GAME (15-20 min)

ROOTS CLOSE (3 min)

ROOTS VIDEO-Segment 5 (0:42)

CHALLENGE/ANNOUNCEMENTS (2 min)

HANGOUT (15 min)



HANGOUT

VIDEO: ROOTS SEGMENT 1

WORSHIP

VIDEO: ROOTS SEGMENT 2

GAME TIME

“Rescue Mission”

Serving others is an important part of being a Christian. God wants us to serve others, especially those in need, and help them out. In this activity, students will have to recognize the needs of others in their small groups, and seek to meet their needs, serve them, and help them out to get to their rescue point.

What do we need?

- Timer or stop watch (1 per campus)
- Blindfold (2 per small group)
- Masking tape (1 roll per small group)

How do we play?

1. In the game, each small group imagines they have been in a plane crash.
2. They must travel across a designated space in order to reach the rescue point where they will meet their rescuers.
3. However, different members of each small group have received different injuries in the crash.
4. One person may be blind; another may be unable to use their hands; a third may be completely paralyzed, or can't walk.
5. The goal of the game is for the entire group to get to the rescue point together.
6. Make sure every student has some sort of “injury.” It could be: blindness (use a blindfold), loss of arm function (tape or rope their arms to their body), loss of leg function (they can't stand up or walk on their own), loss of talking (tape across their mouth), etc.
7. Feel free to repeat “injuries” so everyone in the group has one.
8. Set up a simple obstacle course using chairs and/or tables from your room that they have to go through to get to their rescue point.
9. It should include things they need to go over, under, and through.
10. Time students to see how long it takes them to get to their rescue point.
11. Group with the shortest time and best teamwork wins.

VIDEO: ROOTS SEGMENT 3

TALK IT OVER

SMALL GROUP QUESTIONS

1. Tell about a time when someone did something really good for you.
2. Tell about a time when you did something really good for someone else.
3. What does serving mean? What is it?
4. On a scale of 1-10 (1=really bad, 10=really good and do it all the time) How good are you at serving others? Put your hands behind your back and on the count of 3 using your fingers shoot out the number you think you are. Why did you choose that number?
5. How can you get better at serving others?
6. Open up your Bible or Bible App to **Matthew 25:35-36** & **Matthew 25:40**, and read it together as a group.
7. What do you think these verses mean? What are they talking about?
8. Who is one person you know you need to serve? Why? How will you do it?

VIDEO: ROOTS SEGMENT 4

LIFESKILLS CLOSE

Okay, so opening the door for others is a pretty simple life skill to know. But this life skill is not just about the act of opening and closing doors. It is about thinking about others, being considerate to others, putting others first, and ultimately serving others.

When you open doors for people it shows others that you have a servant's heart. Plus boys--girls really like that... I'm just saying.

Opening doors is a simple act that starts to get us to move toward a servant lifestyle and helps us get in the mindset of doing things for others.

So this week we are going to do something a little different from our usual life skill game. We are going to do something that Jesus talks about in the Bible. It is another act that really shows the heart of what it means to serve others.

Next Up: LIFESKILLS GAME

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