



LIFESKILLS GAME

“I Thought It Was a Booger, But It’s SNOT!”

It’s just fun with snot and a take home to remind them to be considerate of others. Don’t get your snot all over everyone!

What do we need?

- Corn starch (2 cups per student)
- Food coloring (various colors per talk it over groups)
- Plastic/Styrofoam plate (1 per student)
- Cups of water (1 per student)
- Spoon (1 per student)
- Plastic sealable sandwich bags (1 per student)

How do we play?

1. Have each student make their own snot.
2. Each student will have a plate in front of them and a cup full of water.
3. Have them dump approximately 2 cups of corn starch onto their plate.
4. Let them add whatever food colors to their water they want.
5. Have them slowly pour their water onto the plate of corn starch and stir together until their desired consistency.
6. If they apply pressure to the snot and move it around, it will firm up. As soon as it is still it will turn back to a liquid.
7. Have them put their snot into a plastic bag to take home with them.

ROOTS CLOSE

Okay, we talked about three words that describe God. And they are pretty big words. Does any one know what they are and what they mean? *(Let students answer.)* God is omnipotent=all-powerful, omniscient=all-knowing, omnipresent=all-present/everywhere. This is a big God that we are learning about and living for. So yeah, those are big words, but what does that mean for our lives?

God is omniscient, which means that He is all knowing. He knows your thoughts, motives—He knows what you need more than you do. There is nothing He can’t comprehend, understand, or is unaware of. God knows everything.

The omnipotence of God refers to the fact that God is all-powerful. There is nothing bigger or greater than God. There is nothing that He can’t handle. God is strong enough to handle anything from all the problems of this world, as well as the very struggles you find yourself in. Know that God is bigger than anything you are going through. If you feel like you can’t handle your problems, know that there is an all-powerful God who can.

We see evidence of these first two ideas in Psalm 147:5 NCV *Our Lord is great and very powerful. There is no limit to what he knows.*

God is also omnipresent or everywhere. There is nowhere He isn’t. He is always everywhere. There is nowhere His presence doesn’t reach. Anytime you feel alone know that God is right there with you. We see this in Psalm 139:7-10 NCV *Where can I go to get away from your Spirit? Where can I run from you? If I go up to the heavens, you are there. If I lie down in the grave, you are there. If I rise with the sun in the east and settle in the west beyond the sea, even there you would guide me. With your right hand you would hold me.*

Know that this is the kind of God we live for. Let me pray for you guys. *(Pray for students that they will always remember they are in the hands of an amazing God.)*

VIDEO: ROOTS SEGMENT 5

CHALLENGE/ANNOUNCEMENTS

- *Insert any announcements that pertain to your particular campus.*
- Encourage Bible memory verse learning.
- If they don’t have the three “omnis” memorized, have them learn them and know what they mean.

HANGOUT

WEEK 9

God Knows All/God Is Big and Powerful

HANGOUT (15 minutes)

ROOTS VIDEO-Segment 1 (1:06)

WORSHIP (20 minutes)

ROOTS VIDEO-Segment 2 (1:10)

GAME TIME (15-20 min)

ROOTS VIDEO-Segment 3 (3:26)

TALK IT OVER (20 min)

ROOTS VIDEO-Segment 4 (3:36)

LIFESKILLS CLOSE (3 min)

LIFE SKILLS GAME (15-20 min)

ROOTS CLOSE (3 min)

ROOTS VIDEO-Segment 5 (:28)

CHALLENGE/ANNOUNCEMENTS (2 min)

HANGOUT (15 min)



HANGOUT

VIDEO: ROOTS SEGMENT 1

WORSHIP

VIDEO: ROOTS SEGMENT 2

GAME TIME

“Omni-Athlon”

To illustrate the Omni's of God. Feats of strength station= omnipotence of God. Trivia station= knowledge= omniscience of God. Feats of speed= omnipresence of God.

What do we need?

- Trivia Questions Sheet (1 for the omniscience station)
- Spoon (1 per student)
- Tennis ball (1 per group)

How do we play?

1. This competition involves three categories: feats of strength (omnipotence), feats of knowledge (omniscience), and feats of speed (omnipresence).
2. Students as a small group will have to conquer each category to complete the Omni-Athlon. **The first team to complete all the challenges wins.**
3. Students will move from station to station to accomplish the Omni-Athlon.
4. Have 1-2 leader(s) at each station facilitating that station.
5. The knowledge portion will consist of a 10-question trivia challenge.
6. Every wrong answer will cause a 10-second penalty freeze before they can attempt to answer the correct answer again.
7. If students simply don't know the answer there will be multiple hints that will make it easier until they get the answer right. Each hint will be given every ten seconds after an incorrect answer has been given.
8. The feat of speed will be a relay where each student from each team will put a spoon in their mouth, place a ball on the spoon, and race from one end of the room to the other and back. If they drop the ball they have to start back from the previous wall they were on. Once they get back to the beginning they will pass it off to the next person in line on their team. Repeat until everyone has completed.
9. The feat of strength station will consist of the entire small group making a human pyramid. They must get into human pyramid formation and hold it for 20 seconds.

VIDEO: ROOTS SEGMENT 3

TALK IT OVER

SMALL GROUP QUESTIONS

1. What is the best thing that happened to you this week?
2. What does omnipotent, omniscient, and omnipresent mean? Which ones mean what? (Omnipotent=all-powerful, omniscient=all-knowing, omnipresent=all-present/everywhere)
3. Who is the strongest person you know? What makes them so strong?
4. What ways is God omnipotent/all-powerful/nothing He can't do or can't handle?
5. Who is the smartest person you know? Why are they so smart?
6. What ways is God omniscient/all-knowing?
7. Do you think God knows everything about you? Why or why not? If so, how?
8. Have you ever felt God? Tell about it? If not, why do you think that?
9. How is it possible that God can be omnipresent/everywhere?
10. Open your Bible or Bible App and read together **Psalm 147:5** NCV and **Psalm 139:7-10** NCV.
11. Knowing that God is omnipotent=all-powerful, omniscient=all-knowing, omnipresent=all-present/everywhere what does all this mean for how you should live your life?

VIDEO: ROOTS SEGMENT 4

LIFESKILLS CLOSE

Have you ever had anyone sneeze in their hand and then try to shake your hand or high five you right afterwards? Pretty gross huh? Or how about when they don't even cover it up at all and you see all those tiny little spit and snot particles spray out all over the place.

What were the three ways he said you could cover a sneeze? *(let students answer)*
(Sneeze in your hand, the elbow, the collar)

Okay, so why are we talking about covering up a sneeze? Because it's bigger than covering up a sneeze; this is about being considerate and thoughtful of others? Does anyone know what considerate means? *(let students answer)*. It means to be thoughtful, kind, and respectful of others. When you cover up your sneeze you don't just save yourself from grossing other people out, you also let them know that you are thinking about them.

So let's have a little fun with SNOT. You are going to get to make your own snot and as you take it home, let it be a reminder to be considerate of others.

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