



LIFESKILLS GAME

“Paper Plane Toss”

In today’s culture with email and text messages, everything is so impersonal. These airplanes represent putting time, effort, and energy into something you send out just like writing a letter.

What do we need?

- Markers (1 set per table)
- Piece of paper (1 per student)

How do we play?

1. Each student will be given a piece of paper and some markers.
2. They will fold their paper into a paper airplane. They can fold it however they want and make whatever design they think will work best for them.
3. Once they have made their airplane they can decorate it however they want.
4. When time is up, have all the students line up against the wall.
5. On “go” have all the students throw their airplane and see whose flies the farthest.
6. You can do multiple runs of this and allow students to tweak their plane in between if you have time left.

ROOTS CLOSE

Well today we had a little fun with science. Did anyone catch what gravity has to do with our relationship with God? (Let a few students answer what they think.)

We have faith and trust in gravity even though we can’t see it or feel it. Just because we can’t see it or feel it doesn’t mean that it’s not there or doesn’t exist. Gravity works better on items with more mass—the “heavier” we rely on God in our lives, the more we will experience Him.

Gravity determines the way we live our lives. That’s why you always use a parachute when jumping out of a plane, or never walk off a cliff, or when you jump you’re not afraid that you will just continue to go up and float off the planet.

In the same way, we need to trust God with our lives and allow Him to determine the way we live our lives. We may not tangibly see Him, but remember the verse we talked about (1 JOHN 5:20). Jesus came so that we could know and begin to understand God. Once you know and realize how big, great, and awesome God is, you can allow Him to determine how you live.

So, do you? Do you trust God with your life? Will you? Will you allow Him to determine the way you live? *(Pray for the students.)*

VIDEO: ROOTS SEGMENT 5

CHALLENGE/ANNOUNCEMENTS

Insert any announcements that pertain to your particular campus.

- As you leave, pay attention to where you can feel God working in your lives. Know He is real and He is involved in your life. Just look for Him. Pay attention to all the ways God is real this week.

HANGOUT



WEEK 2

Who God Is

(God is real—just because we can’t see Him doesn’t mean He’s not there.)

HANGOUT (15 minutes)

ROOTS VIDEO-Segment 1 (:57)

WORSHIP (20 minutes)

ROOTS VIDEO-Segment 2 (1:08)

GAME TIME (15-20 min)

ROOTS VIDEO-Segment 3 (3:20)

TALK IT OVER (20 min)

ROOTS VIDEO-Segment 4 (3:11)

LIFESKILLS CLOSE (3 min)

LIFE SKILLS GAME (15-20 min)

ROOTS CLOSE (3 min)

ROOTS VIDEO-Segment 5 (:31)

CHALLENGE/ANNOUNCEMENTS (2 min)

HANGOUT (15 min)



HANGOUT

VIDEO: ROOTS SEGMENT 1

WORSHIP

VIDEO: ROOTS SEGMENT 2

GAME TIME

“Ladder Drop”

God made each of us for a specific purpose and design. In this game, students need to come up with a purpose for each item. This game illustrates how we have to discover God’s purpose for us.

What do we need?

- 10 foot ladder (2 per campus)
- Plastic cups (2 per team)
- Mixing bowls (2 per team)
- Small plastic trash cans (2 per team)
- Foam cup (1 per student)
- Random items (1 of each per student: M&M, feather, paper clip, bouncy ball)

How do we play?

1. Divide the students into two teams, boys vs. girls.
2. Girls line up at one ladder and boys line up at the other.
3. They will climb to the top of the ladder with a cup full of various items: (feather, bouncy ball, M&Ms, paper clip, etc.) **Make sure to have leaders spotting the students while they are up on the ladder.**
4. Arrange the cups, bowls, and trashcan at the bottom of the ladder on the floor. (small containers: 10 points, medium containers: 5 points, large containers: 2 points).
5. Students must drop the items in their cup into the container below, trying to maximize the points on their turn.
6. Go through all the students and total up their points to determine the winning team.

VIDEO: ROOTS SEGMENT 3

TALK IT OVER

SMALL GROUP QUESTIONS

1. What was a highlight from this past week?
2. What ways do you know God is real?
3. Are there any ways you struggle to know God is real? Why? What are those ways?
4. How have you experienced God in your life?
5. What ways does God help determine the way you live?
6. What areas of your life do you have a hard time letting God be in control of?
7. Look up and read **1 JOHN 5:20** together, either using a Bible or Bible App if they have them.
8. According to this scripture what is one reason Jesus came to earth? (to give us understanding about God)
9. Which phrase describes how much would you say you trust God with your life:
 - Not at all
 - With some things but not others
 - Completely
10. Why did you give the answer you did? (for number 9)
11. What would someone’s life look like if they completely trusted God and gave their entire life over to Him?

VIDEO: ROOTS SEGMENT 4

LIFESKILLS CLOSE

Writing a letter may not be super complicated, but the value in writing one is how personal it is. In today’s society everyone sends emails and text messages to each other. Those can be very impersonal. But there is just something about sending a letter to someone that is special. Seeing someone’s handwriting makes it feel personal.

I want to challenge you to send a personal letter to someone this week. Spend some time on it, and put some thought into it. You don’t necessarily have to mail it. You could just hand it to some one. Maybe you could write a letter to your best friend letting them know why they are your best friend. Maybe you could write a romantic letter to someone you have a crush on, you know like a secret admirer. I’m just kidding about that one. But spend some time to give someone a personal letter. It will go a long way.

Speaking of, we’re going to have a little fun with this idea. We’re going to do something that represents putting time, effort, and energy into something you send out just like writing a letter. And we’ll see how far it goes. This is the “Paper Plane Toss.”

Next Up: LIFESKILLS GAME

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