



# LIFESKILLS GAME

## “What’s That Smell”

The purpose of wearing deodorant is so you don’t smell bad. This game is all about smelling. Some of the things smell good and other things not so much.

### What do we need?

- Small Tupperware containers (5 per campus, can’t be see-through).
- Blue cheese (in 1 Tupperware container per campus)
- Mustard (in 1 Tupperware container)
- Tuna Fish (in 1 Tupperware container)
- Smashed orange (in 1 Tupperware container)
- Stick of deodorant (in 1 Tupperware container)
- Paper (2 pieces per campus)
- Pen (2 per campus)
- Blindfolds or bandanas (2 per campus)

### How do we play?

1. Have a table at the front of the room with the Tupperware containers on it.
2. Hype the audience up by doing a boys vs. girls competition.
3. Have one boy student and one girl student come up to play the game.
4. Have them sit with their backs to the table, facing the crowd.
5. Students will be blindfolded for five rounds of “What’s That Smell.”
6. Pass one container under each of their noses so they can get a good sniff for each round.
7. Have them take off their blindfold (but don’t let them see the item) to write down what their answer is on the paper in front of them.
8. While they are writing down their answer, let the audience get a smell if they want—but no calling out answers to the players on stage!
9. Repeat for each round by bringing out the next container of smelly items until they’ve sniffed all five.
10. Let kids say the answers they gave for each round.
11. Award a point for each correct answer.
12. The team with the most correct guesses wins!

# ROOTS CLOSE

Today we talked about insecurities. The reality is we are all going to be insecure about something at different points in our lives.

A lot of times we feel insecure because we compare our weaknesses to other people’s strengths. For example, say your best friend always gets A’s in school and you try so hard but the best you can do is get B’s or C’s. You would think that you just aren’t as smart as that person. But that doesn’t mean you are worth less than them. You need to look at *your* strengths instead of measuring yourself by someone else’s.

God created you to be you. Not anyone else. He has given you specific strengths and abilities. We need to stop measuring ourselves against other people.

Lets look at our verse again in **Matthew 7:24-27** (*read out loud*).

Building your house on the sand would be putting your worth, value, and security in what people say or think about you. When you put your security in others you will eventually be let down.

But when you build your house on the Rock, or in other words, you put your worth, value, and security in God, He will never let you down. You won’t need to feel insecure because you will begin to discover the strengths you have in Him. Then when storms come, or people try to tear you down, or you start to think that you aren’t good enough, you will remember who you are in God. Your identity is rooted in God’s foundation and you will not be shaken.

Let me pray for you, that you would find your identity in God alone.

## VIDEO: ROOTS SEGMENT 5 CHALLENGE/ANNOUNCEMENTS

*Insert any announcements that pertain to your particular campus.*

Write down all the things you feel insecure about and then spend some time praying that God will give you security in those areas. Also, write down the things that you know you are secure in and have strength in.

# HANGOUT

# WEEK 17

You Are Secure

**HANGOUT (15 minutes)**

**ROOTS VIDEO-Segment 1 (1:05)**

**WORSHIP (20 minutes)**

**ROOTS VIDEO-Segment 2 (1:49)**

**GAME TIME (15-20 min)**

**ROOTS VIDEO-Segment 3 (3:27)**

**TALK IT OVER (20 min)**

**ROOTS VIDEO-Segment 4 (3:03)**

**LIFESKILLS CLOSE (3 min)**

**LIFE SKILLS GAME (15-20 min)**

**ROOTS CLOSE (3 min)**

**ROOTS VIDEO-Segment 5 (:38)**

**CHALLENGE/ANNOUNCEMENTS (2 min)**

**HANGOUT (15 min)**



## HANGOUT

### VIDEO: ROOTS SEGMENT 1

## WORSHIP

### VIDEO: ROOTS SEGMENT 2

## GAME TIMES

### “EGGxecution”

Security comes from God and stays deep within us. Insecurity can also be deep within us and is caused by external experiences and factors. We need to allow our worth in God to protect us and keep us secure. In this game, students will try to keep their eggs secure.

#### What do we need?

- Large Egg (1 per Talk It Over group)
- Small cardboard box (1 per Talk It Over group)
- Sealable plastic bag (1 per Talk It Over group)
- Pipe cleaners (5 per Talk It Over group)
- Rubber bands (5 per Talk It Over group)
- Cotton balls (10 per Talk It Over group)
- Soda straws (5 per Talk It Over group)
- Popsicle sticks (5 per Talk It Over group)
- Yarn (2 ft per Talk It Over group)
- Masking tape (1 roll per Talk It Over group)

#### How do we play?

1. Each small group will be given an egg.
2. Place their egg into the sealable plastic bag, making sure it is sealed shut. (This is to help prevent mess if their egg should break!)
3. They will need to use the materials provided to construct a protective case for their egg that will keep it from breaking when dropped from a high place.
4. The egg and protective shell must fit into a predetermined box to regulate that all teams build within specific size parameters.
5. Once time is up, students will give their egg holders to a leader who will stand on top of a chair or table (high enough to challenge their eggs safely) where they will drop their egg to see if their protective case is secure enough to keep the egg inside from cracking.
6. The leader should drop each group's egg from the same height as best they can.
7. Award a giant round of applause to any team who managed to create a contraption that kept their egg from breaking!

## VIDEO: ROOTS SEGMENT 3

## TALK IT OVER

### SMALL GROUP QUESTIONS

1. If you could live someone else's life whose would it be and why?
2. What is one thing you know you are really good at? Why are you good at it? How did you get good at it?
3. What does it mean to be insecure?
4. What is one thing you feel like you are insecure about? Why are you insecure about that?
5. Open up your Bible or Bible App to **Matthew 7:24-27** and read it together.
6. What was the house that got knocked down built on? What was the house that stayed up built on?
7. What do you think the sand represents in this passage? (*Anything other than God.*)
8. What does the rock represent in this passage? (*God*)
9. What are some ways we can take our insecurities and become secure about them?

## VIDEO: ROOTS SEGMENT 4

## LIFESKILLS CLOSE

*(Still have a little fun with this. It shouldn't be a very serious tone.)*

At this point in your life, you should start wearing deodorant. If you don't, chances are, you will smell bad and people will not want to get close to you. So have your parents take you to the store and pick out a stick of deodorant that you like the smell of. Make sure to put it on every morning. Apply more if necessary. And boys, this does not take the place of showering.

But in all seriousness it is important socially that we are aware of how we look and smell. We want to attract people to us not make them run away from us.

So start being aware of yourself and make sure you don't smell bad to others.

Lets have a little fun with identifying what smells good and what smells bad...

## Next Up: LIFESKILLS GAME

Continued on back...